



# Adult Rec Hockey League

## SPRING 2025 SEASON

- 14 games + Playoffs
- Season runs 2/16/2025 to 6/29/2025
- All games on Sundays from 4pm to 8:40pm
- All games played at the Crystal Ice House
- Individual Registration only, no team registration
- 2 levels of play based on skill/experience
- All players are rated and assigned to a level/team
- Teams formed by the SSSL to ensure balance

**Skaters \$400 | Goalies Free**

PLEASE SIGN UP EARLY, WE WILL SELL OUT.



Go to [www.SSHLhockey.com](http://www.SSHLhockey.com)  
to register or for more information.