

# **ADULT HOCKEY BY MIDWEST HOCKEY LLC BY-LAWS, RULES and REGULATIONS**

August 23, 2012

## **I. DEFINITION**

The ADULT HOCKEY LEAGUE BY MIDWEST HOCKEY LLC has been organized to provide Hockey for Adults (18 or older). All games will be played at The Crystal Ice House. Each team will limit the skill level of its participants in order to provide a competitive hockey experience for its players. The league membership is defined as those teams currently playing hockey within the Crystal Ice House facility. The League will retain the right to refuse membership to any player it deems inappropriate for league play due to skill level or conduct on the ice. The League is NON-CHECK and abides by the USA Hockey uniform playing rules.

## **II. ADMINISTRATION**

The ADULT HOCKEY LEAGUE BY MIDWEST HOCKEY LLC is a for profit organization which will collect fees from member teams to meet costs of running Adult Hockey Leagues. The Administrator will be MIDWEST HOCKEY LLC who will provide the management and direct all financial concerns of the League on a cost plus basis.

## **III. OFFICIALS**

The League will contract with certified referees to officiate scheduled games on a per game basis. Referees will be considered independent contractors and paid based on signed score sheets and agreed fees. An independent contractor will schedule referees. Scorekeepers will be independent contractors and will be paid a game fee determined by agreement with the MIDWEST HOCKEY LLC and independent contractor.

## **IV. TEAM SIZE, ELIGIBILITY AND UNIFORMS**

- A. A team shall consist of no more than 20 players. Makeup of the team's forwards, defensemen, and goalies is at the team's option. A team may only cut a player for the following reasons:
  1. Non-payment or slow payment of fees.
  2. Player's skills are not at the ability of the League (division level) the team is playing in. In order to cut a player under this provision, the team must receive approval from the league director. The director will place the player on a lower division team. If the player changes teams voluntarily, he/she is responsible for their new uniform.
  3. If a player continues to take flagrant penalties in conflict with the spirit of the League. This requires the consent of the league director and league board members, who will review game statistics.

- B. Players may move to teams in another League without permission of their team or the League director. No player may move within their own League without the permission of their own team and the League director. When a team grants permission for a player to leave their team to join a team in the same League, this is called a waiver. The original team Captain must inform the director when a player is waived. Teams within the same League may trade players if the players agree.
- C. An eligible player is a person registered with a team in the league.
- D. Any player removed by the director and board member for disciplinary violations may only be reinstated by the director and governing board members.
- E. A player may only play one Tier below his highest Tier. A "B" division player may not play on a "C2" division team.
- F. Players maybe recruited by a team or secured from the league waiting list.
- G. The jerseys shall be permanently numbered on the back and listed on the official roster for tracking purposes. Team logos or name may appear on the front of the jersey. Sponsors name is permitted on the jersey. If a player does not wear a team jersey he may be considered ineligible to play, some latitude will be afforded new players. A player is allowed a one game exception to this rule in the event he/she forgets their jersey. If a jersey is lost the player must inform the team manager and order a new jersey. If a team manager has been told to keep an ineligible player off the ice and the player continues to play, his/her team will forfeit that game.
- H. Any team not in good financial standing may be suspended or ejected from league play. Good standing is meeting the fee schedule dates presented to each team by the league director. If a team is suspended or ejected, there will be no refunds of fees paid previously.
- I. In the event of similar jersey colors, the away team will wear pullovers.
- J. Each Captain and/or Assistant Captain will have a "C" or "A" on their jersey so the Referee can identify the person in charge of the team.

## **V. EQUIPMENT**

For the safety of the players the following equipment is required and any player not wearing required equipment must leave the ice immediately and can return only after properly equipped:

- HOCKEY HELMET – HECC APPROVED
- FACE MASK – Full cage or minimum half shield is recommended. "B". "C-1", C-2"
- SHIN PADS
- SHOULDER PADS (OPTIONAL)
- HOCKEY GLOVES
- ATHLETIC SUPPORTER AND CUP
- PADDED HOCKEY PANTS, SOCKS or SWEATS
- GOALIES must wear HECC approved facemask and all other required Goalie equipment.

## **VI. TEAM CAPTAINS**

These are the responsibilities of the team captain during the league play:

- Flow down League information to Players
- Distribute game schedules to Players
- Coordinate Jersey Numbers for team Players (Official Roster)
- Creates and maintains Team roster
  - Makes certain all required forms are completed and properly organized for each player
  - Collects Game Score sheet from the Scorekeeper after each game played.
  - Coordinate with League Director to have official team roster properly signed by players and properly registered with league. Coordinate with League Director for any roster additions, etc. as necessary.
- Manage questions and comments from players, and facilitate efficient communication with appropriate Board or League officials.
- Notify League Director or representative if a player is on the ice that is not registered with the team.
- Other duties as assigned.

## **VII. GAME TIME**

1. Each game will begin with a 5-minute warm-up period starting at the official designated starting time. Game will start immediately after warm-up period. Games will consist of three 14-minute stop time periods.
2. There will be a 1-minute intermission between each period.
3. Each team will be allowed one-30 second time-out per game.
4. Games will NOT start without a goalie. No goalie, no game. Game will be a forfeit for team without a goalie. After the initial 5-minute warm-up period, an additional 5- minutes will be placed on the clock. If after that time, a goalie is missing from either team, the game will be declared over.
5. The clock shall become running time if the score differential reaches 5 or more goals in the third period. If the score differential becomes less than 5 goals the clock goes back to stop time. The only time the clock will stop is for injuries.
6. It is the player's responsibility to sign the score sheet before playing. The scorekeeper will not start the clock if a player refuses to sign in after being asked. The referee may assess a delay of game penalty if the player does not immediately sign in.
7. In the event of a regular season tie, there will be a 3 player shootout.
8. Abuse of officials will not be tolerated in the ADULT HOCKEY LEAGUE by Midwest Hockey LLC (See IX.9 for details).
9. In the case that a scorekeeper does not show up the 3 periods will be 20 minute running clock.

## **VIII. STANDINGS**

- Win 2 Points
- Tie 1 Point
- Loss 0 Points

## **IX. PLAYOFFS**

Playoff games may not start with an illegal player. Overtime will be three 5-minute periods with stop clock. If game remains tied after 3 sudden death periods, the game will proceed to penalty shot shootout. Each team will designate 5 shooters, and they will shoot in alternating fashion, away team shoots first. If game remains tied, shootout goes into sudden death with each team having a penalty shot. 10 players (or every player if under 10 on team) must shoot before shooters can repeat.

## **X. RULES, OFFICIALS, DISCIPLINE, TOLERANCE**

1. The Leagues will be no check, with some contact allowed and penalties will be assessed accordingly.
2. Each League game shall be officiated by 2 referees. Games will be officiated according to USA Hockey rules unless superseded by rules recorded herein. There will be **NO PROTESTS** of official's rulings. The referees' calls always stand. Verbal abuse of referees will not be tolerated. The only person eligible to speak to the referee is the team captain who is designated by a C on his/her uniform. Any player who is abusive to a referee may be given the following; 10-minute misconduct or a game misconduct, which carries a 1 game suspension. If the director determines that a League player is continuously abusive to officials, that player may be removed from the league.
3. Blue line icing will be observed at all levels. The centerline will not be used for off side's (2 line pass is legal). The League will use the touch up rule with respect to offsides.
4. A player will be suspended for 2 games for a game misconduct, (5 games for fighting, intent to injure, spearing, butt-ending or kicking). When a game misconduct for abuse of official is called there will be a 2 game suspension. The director may reduce or exceed the 2 game suspensions if game circumstances warrant it. A second game misconduct within a month will result in ejection from the league for a minimum of 1 year. Players may only return to play upon approval of the director and board members.
5. Any player receiving 5 penalties in a game will also be assessed a game misconduct and will be ineligible for the remainder of that game. A first violation will not carry the automatic 2 game suspensions. A second occurrence within a season will carry a 2 game suspension and a third will result in ejection from the league.
6. The League may make any additional rules necessary in order to assure the spirit of the league is kept.
7. Referees may hand out a game ejection penalty (GEP) which does not carry an additional game suspension.

8. Forfeits shall automatically occur:
- If a team plays a man not on the Master Roster. Captain suspended for one (1) game.
  - If either team accumulates 15 penalties during a single game, that game will be considered over at that point. Captain to be suspended for the next scheduled game. If both teams reach 15 penalties at the same stoppage, the team receiving the first penalty in that game will forfeit.
  - If the team plays a suspended player (League).
  - Player cannot show proof of current personal insurance.
  - No goalie.
  - League fees not paid up to date.
1. **Zero Tolerance** The definition of zero tolerance by the ADULT HOCKEY LEAGUE by Midwest Hockey LLC is “Any lack of Respect or Unsportsman like Conduct will not be tolerated and will be a violation of Leagues Zero Tolerance Policy.
- a. Verbal abuse of referees will not be tolerated. As stated, a minor penalty for unsportsman like conduct (zero tolerance) shall be assessed whenever a player
    - i. Openly disputes or argues any decision by an official;
    - ii. Uses obscene or vulgar language at any time, including, any swearing, even if it is not directed at a particular person; and/or
    - iii. Visually demonstrates any sign of dissatisfaction with an official decision.

Any time a player persists in any of these actions, such player shall be assessed a misconduct penalty. A game misconduct shall result if the player continues such action.

b. Physical abuse of referees in any way will not be tolerated. – No player shall have any contact with any game official. Regarding any physical altercation involving a participant of this league, which includes and is not limited to players, coaches and referees, it is the policy of the ADULT HOCKEY LEAGUE by Midwest Hockey LLC that there shall be no physical abuse of any participant in any of its programs. As stated, physical abuse means physical contact with a participant that intentionally causes the participant to sustain bodily harm or personal injury. Physical abuse also includes physical contact with a participant that intentionally creates a threat of immediate bodily harm or personal injury. Any participant assessed a penalty for intentional contact with a game official will be suspended for two (2) years from the ADULT HOCKEY LEAGUE by Midwest Hockey LLC. If the director determines that a participant is continuously abusive in any way, verbal and/or physical, that participant may be either suspended or expelled by the director in his discretion.

c. Any decision of the director regarding suspensions or expulsions from the league may be appealed through a written explanation of event and the reason the suspension should be overturned. Appeal will be investigated, and outcome returned within 14 days.

## **XI. 2012 FALL/WINTER ADULT LEAGUE**

1. The ADULT HOCKEY LEAGUE by Midwest Hockey LLC will begin Sunday, September 23<sup>rd</sup> 2012, and run into April 2012. Games will be played Sunday thru Thursday with game times ranging from 7:00-10:40pm. The League will try to keep each division on the same nights of the week. A 20 game season is planned with playoffs at the end.
2. Both team and single player entries are welcome.
3. Single players will be placed on a C2 House team. If we don't get enough players for a house team, we will try to place individuals on an existing team, but cannot guarantee them a spot.
4. House team jersey will be provided.
5. Team entries must supply their own jerseys.

## **XII. 2012 FALL LEAGUE FEES**

1. \$4,400.00 For Team Entries
2. \$350.00 for Single Players

## **XIII. PAYMENT PLAN - NO EXCEPTIONS**

1. Single Player - \$350.00 due at registration.
2. Team Entries - \$1,400.00 due at registration and \$3,000.00 due on or before Thursday November 1, 2012. Non payment will result in a team not being able to play any further games until balance is satisfied. Games missed will not be made up and will be recorded as a loss in the league standings. All fees are Non-refundable, with the exception of single players not being placed on a team. Any returned checks will result in a \$35.00 administrative fee being added to your team balance. The amount of the returned check plus \$35.00 fee must be paid prior to your teams next scheduled game. Otherwise your team will not be allowed to take the ice, and will be recorded as a forfeit.

## **XIV. REGISTRATION DEADLINE**

1. Close of business on Monday, September 17, 2012.
2. Registrations mailed in due by Saturday, September 15, 2012.
3. All registration forms must be accompanied by a type written preliminary roster.
4. Completed rosters due on or before November 1, 2012. If roster not turned in by this date, a roster challenge will result in a player being declared ineligible. Same as if they are not on the original roster.

## **XV. CAPTAINS MEETING**

1. Manager / Captain meeting on Monday, September 17, 2012@7:00pm at the Crystal Ice House. THIS MEETING IS NOT MANDATORY. Although this will be last chance for registration and deposit submittal if not previously sent in.

## **ADULT HOCKEY BY MIDWEST HOCKEY LLC Release and hold Harmless Agreement**

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Please read this form carefully and be aware in registering yourself for participation in the above program, you will be waving and releasing all claims for injuries you might sustain arising out of the above program.

I recognize and acknowledge that there are certain risks of physical injury to participants in the above program and I assume the full and entire risk of any injuries, damages or loss, regardless of severity, which I may sustain as a result of participating in any or all activities connected or associated with such program.

I agree to waive and relinquish all claims I may have as a result of participating in the program against MIDWEST HOCKEY LLC. and any of the officers, agents, members, independent contractors and or employees of the mentioned entities.

I further agree to indemnify and hold harmless and defend MIDWEST HOCKEY LLC. and any of the officers, agents, members, independent contractors and or employees of the mentioned entities from any and all civil claims resulting from injuries and any treatment deemed necessary for my immediate care and agree that I will be responsible for payment of any and all medical services rendered.

I have read and fully understand the above Program Details, Waive and Release of All Claims and Permission to Secure Treatment.

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Print Name of Participant

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Signature of Participant

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Date



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Midwest Hockey LLC